

High Rise Music are:

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Production Process

Within the High Rise Music Group, musicals are created and composed by all group members and support staff, along with the High Rise Music team. We use elements of chance such as rolling picture dice in order to develop the story line, as well as asking group members and staff questions as to which event they would like to occur next in the story. The music and songs are inspired by the instrumental playing, vocalisations and movements of the group members. The melodies, speed, style and volume of the songs, and lyrics are fitted in after group discussions.

Our aim with the musicals is to develop and produce a performance that all group members have had input into, using what they are able to do, valuing each offering as a musically communicative idea and then working with it and repeating it during rehearsal. The songs are put onto CDs to enable the group members to share the songs with their friends, families, housemates and staff and to help to learn the words. It is hoped that with this emphasis on value of group members participation for who they are, what they can do and where they are now, confidence will increase. Confidence in their abilities, in their achievements and independence and in their value within a group and in society.



The Viking Quest

The Plot

Setting the scenes:

A group of Vikings are sitting around the camp fire telling the story of an epic quest. The quest to find the moon. Mountains surround their village and snow is deep on the ground as they set off.

Scene 1:

The Viking chant helps the Vikings to battle through the deep snow, moving together in time. Echoes of their chant skip through the mountains. The loud Viking voices seem to awaken a bear in hibernation. A soothing lullaby lures the bear back into a sleep, for now.

Scene 2:

The Vikings continue with their journey. Suddenly a pack of wolves comes running towards them. The Vikings raise their swords in warning, but the wolves have news to share about the moon. Joining together in song, the Vikings agree to follow the wolves across the icy waves and up into the mountains.

Scene 3: At Sea

Rowing through the rough waters, the Vikings spot an island...or so it seems. A dangerous sea monster is lurking deep within the icy sea.

Scene 4:

Safely on shore the Vikings and wolves now have a steep climb up the mountain. Will they find the moon? Beware of an avalanche! Who would save them were they to get caught in the snow?

Lyrics

1. Campfire Song

Let us tell the story of our quest to find the moon,
Listen close, gather near,
Why does it disappear?

2. Bear Lullaby

Go to sleep big bear,
Do not wake big bear.

3. The Vikings and The Wolves

V: Leave us alone,
We'll fight you with our swords,
We are Vikings after all!
W: Stop!! Please have no fear
Put those swords away
We'll lead you to the moooooooooon!

V: Leave us alone!
W: Stop!! Please have no fear,
V: We'll fight you with our swords,
W: Put those swords away,
V: We are Vikings after all!
W:We'll lead you to the moooooooooon!

V: Yes lead us to the moon
W: The moon lies over the mountains,
Across the icy waves,
Beware of the dangers that lie ahead,
There's someone stealing the moooooon!

4. Sea Song

With a heave-ho, heave-ho

5. Sea Monster

There's an island, Over there,
Wait, it's moving! Oh beware!!
It's got eyes, teeth and scales,
KILL! The Sea Monster
KILL! The Sea Monster
KILL!

6. Up We Go

A): Up we go,
Through the snow,
We're looking for the moon.
B): The moon lies over the mountain,
We've crossed the icy waves,
Nearly at the top where we'll find the moon,
We've been climbing for days. (repeat until fade)

7. Big Bear reprise

You have saved us Big Bear, (awoooooooo)
The moon is rising there, X2
The Moon lives over the mountain
It was hidden by the snow X2 Repeat until fade

8. Campfire Reprise

This has been the story of our quest to find the moon
Hidden by the snowy mountains,
That is why it disappeared.